

Name: _____

Unit 1:

GOAL SETTING

This unit will help you decide your language goals.

In this unit you will:

- ☐ Think about what you already do in English
- ☐ Choose an appropriate, specific and realistic goal
- ☐ Connect your Wants, Interests and Needs to your goal



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I. What do you do Now in English?

Let's start by thinking about what you already do and how it helps you. Look at the examples below 1. Write "YES" if you do it 2. Write how often.

Example:

Read	Books	Magazines	Newspapers	Comics	Something else
YES					<i>Facebook Everyday</i>
Write	Homework	Emails	Letters	Diary	Something else
YES	<i>Everyday</i>				

Your turn:

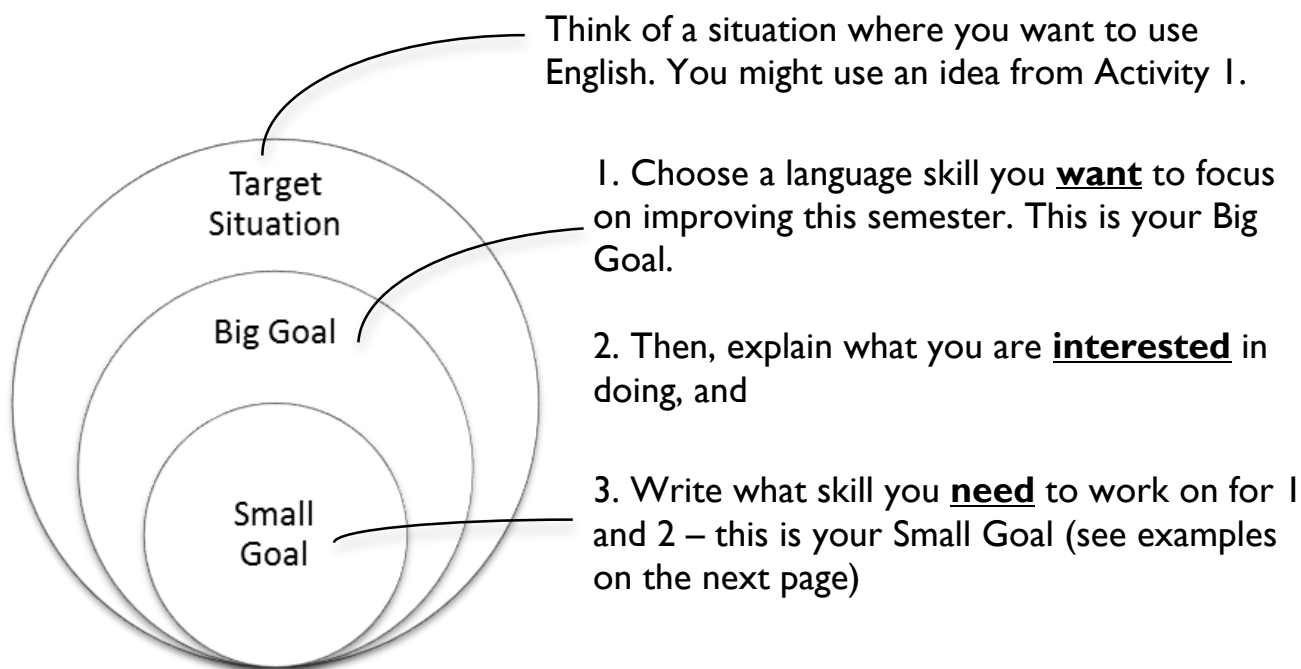
Read	Books	Magazines	Newspapers	Comics	Something else
Write	Homework	Emails	Letters	Diary	Something else
Listen	Songs	TV Programs	Internet Videos	DVDs	Something else
Speak	Karaoke / Singing	Chat with friends	Classroom Activities	Presentations	Something else

Look at the chart on page 1 again. What do you notice?

2. What do you Want to be able to do in English?

In Activity 1, you made a chart of what you already do in English. Now, think about what you want to improve this semester.

When deciding a language goal, it is important to think about a target situation. More importantly, you need to connect your **WIN** - Wants, Interests and Needs to your language goal.



Your Small Goal should help you to achieve your Big Goal 😊

Follow the example below and write your language goal for this semester connecting your **WIN**.

Example:

“(1). I want to improve writing skill for emailing my foreign friends in English. (2). In the email message to them, I’m interested in writing about my daily life such as what I did on weekends. In order to do so, (3). I need to be able to improve vocabulary related to what I do in my daily life.



Your turn:

Big Goal: I want to improve _____ for _____
 _____ (target situation).

I’m interested in _____

Small Goal: In order to do so, I need to be able to _____



Examples of small goals:

Small Goals	Explanation/examples
Fluency	Speak with less pausing, read/write faster, listen for longer, etc.
Pronunciation	Intonation, linking, individual sounds
Grammar	Specific grammar points, e.g. past tenses
Vocabulary	Using more vocabulary for topics I am interested in e.g. sport, campus life etc.

3. Ask Another Student

Ask another student what goal he or she has for this semester. Use the following sample questions:

1. What language skill would you like to improve? / What is your Big Goal?
2. What are you interested in doing with the skill?
3. What language skill do you need to improve to improve your Big Goal?/ What is your small goal?

Student's Name: _____

Date of interview: _____



Big Goal: S/he **wants** to improve _____ for _____

S/he is **interested** in _____

Small Goal: In order to do so, s/he **needs** to be able to _____

4. Reflection

I. Which part of this unit was easy and which was difficult? Why?


Comments from your Learning Advisor


Write answers to your advisor's questions.

After reading your Learning Advisor's comments, make relevant changes to your language goals if necessary then write them in your Learning Plan.

5. Developing your Learning Plan

In Unit 4 you will complete a learning plan, but you can start to draft it now. After each unit, transfer information to your Learning Plan. **This week, you should complete the parts that say “Target Situation”, “Big Goal” and “Small Goal”**



Name:	Advisor:	Advisor's comments
	Target Situation: 1. Big Goal: What I WANT to focus on: 2. What I am INTERESTED in doing: 3. Small Goal: What skill I NEED :	
Resources: What will you use for your learning? Please write the Title(s) of the resources that you will use.		
STUDY: Choose something to focus on and learn something new based on your small goal.	USE: Practice what you studied in a different setting based on your big goal	
REVIEW: Look back on what you before regularly so that you don't forget it.	EVALUATE Language Gain: Check progress once in a while in achieving your big and small goals.	
MOTIVATION: How will you keep your motivation high?		