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| Name: | Advisor: | Advisor's comments |
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Target Situation:

1. Big Goal: What I **WANT** to focus on:
2. What I am **INTERESTED** in doing:
3. Small Goal: What skill I **NEED**:

Resources:
What will you use for your learning? Please write the Title(s) of the resources that you will use.

STUDY:
Choose something to focus on and learn something new based on your small goal.

USE:
Practice what you studied in a different setting based on your big goal

REVIEW:
Look back on what you before regularly so that you don't forget it.

EVALUATE Language Gain:
Check progress once in a while in achieving your big and small goals.

MOTIVATION:
How will you keep your motivation high?